



**THIS IS
FOR HER
AND NOW**

Introducing
The Daughter Fund
A special fund
dedicated to
ensuring positive and
sustainable change
for the forgotten
women of this world.

trōcaire



INTRODUCING THE DAUGHTER FUND



A bold new movement is needed to ensure that no woman is left behind or unable to reach her full potential.

The global pandemic continues to exacerbate the pre-existing inequalities faced by the world's most vulnerable women. It has affected all aspects of their daily lives: their safety, wellbeing, education, economic security, health and nutrition.

With this in mind, I would like to personally invite you to invest in the Daughter Fund. This is a special fund that has been set up to specifically focus on additional support for our women's empowerment work across the 17 countries where we work.

Trócaire's ambition is to help women and girls increase their confidence and education, bringing about income generation and meaningful participation in leadership in their communities.

The projects we fund are long term and bring far reaching, sustainable change for future generations.

Please join us on this journey.

Caoimhe de Barra
CEO, Trócaire

THE TIME FOR WOMEN IS NOW

Nowhere in the world do girls and women have the same opportunities as men. But the social, cultural and economic barriers to equality are even higher for women experiencing extreme poverty.

We live in a world in which women living in poverty face gross inequalities and injustice from birth to death. From lack of access to education and malnutrition to forced marriage, low-paid employment and gender-based violence, the sequence of discrimination that a woman may suffer during her lifetime is all too common.

This discrimination traps women and girls in poverty and it is unacceptable.

In the 17 countries that we work, and in particular Rwanda, Malawi, Nicaragua and the DRC, women are denied a voice in the decisions that affect their lives. Not only does this threaten their physical safety, it also limits their ability to learn, develop and lead their lives to the fullest of their potential.

This can change. But only if together we invest in women and their power.

WOMEN MAKE UP HALF THE WORLD'S POPULATION, YET REPRESENT A STAGGERING 70% OF THE WORLD'S POOR.

1 IN 3 WOMEN EXPERIENCE VIOLENCE IN THEIR LIFETIME GLOBALLY.



Brenda Charles (18) is part of a youth group that meet to discuss issues of gender based violence in their community in Malawi. The group use their influence to raise awareness and change attitudes to violence towards women and their roles in the community. Reports estimate 2.4 million Malawian children grow up in violent homes with only 9% of girls who have been assaulted receiving any professional help.



Chagunda Village, Kambwiri, Malawi: Members of a village savings and loan group conduct their weekly meeting to count and record their savings.



OUR APPROACH TO WOMEN'S EMPOWERMENT

Trócaire supports women to have a voice and to be able to make informed decisions that affect their lives.

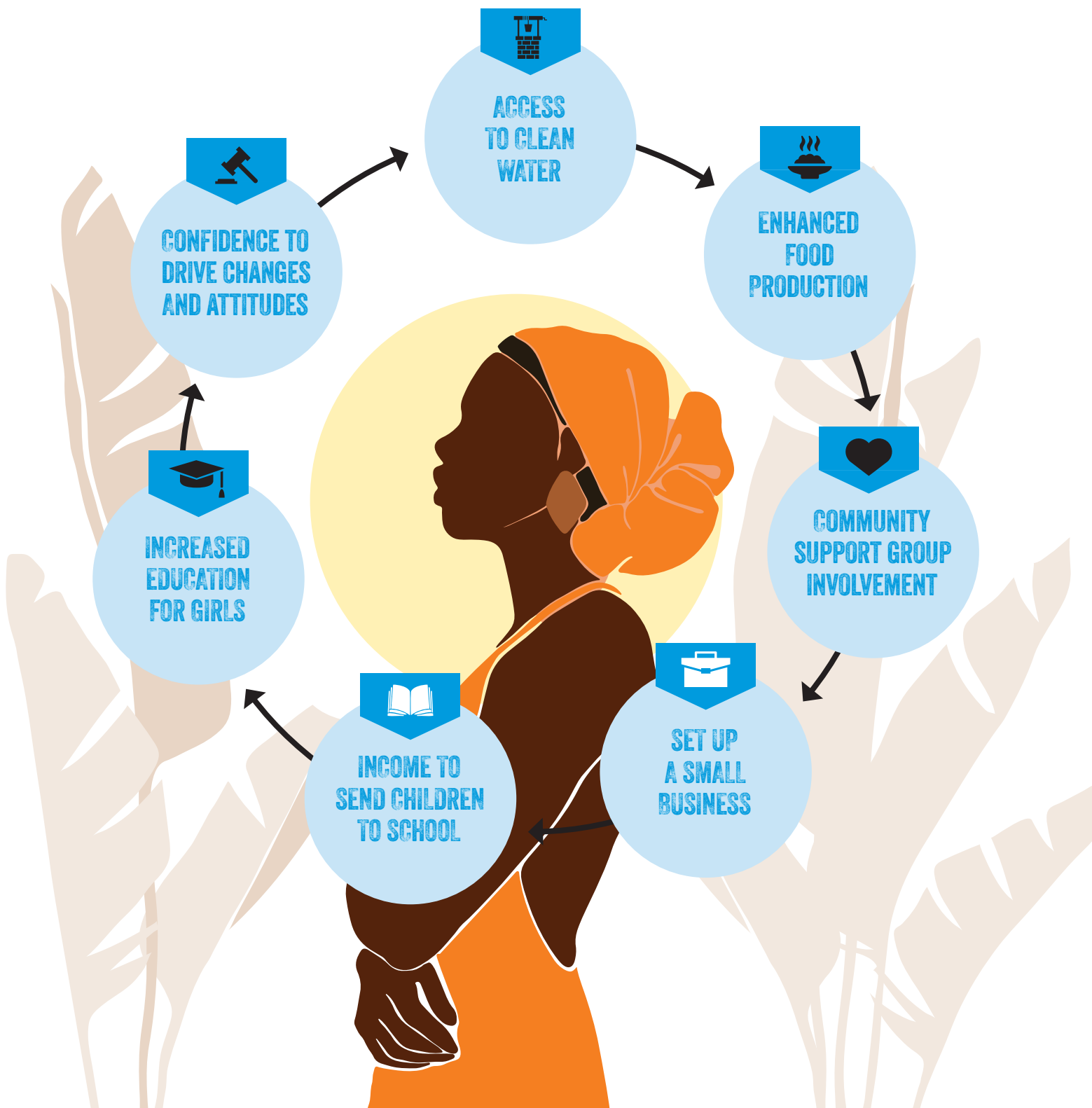
Our women's empowerment programme is based on an integrated and sustainable approach that works at many levels.

- **With individual women:** We build confidence and self esteem, increasing knowledge and skills. We provide safe access to water sources.
- **Within households:** We work towards shared decision making within the household, promoting shared control of household income.
- **Within communities:** We build positive attitudes for gender equality weaving it into the fabric of communities.
- **Wider society and institutions:** We address power imbalances. We challenge political and economic structures. We influence laws and policies.

WOMEN'S EMPOWERMENT IS FUNDAMENTAL TO TACKLING GLOBAL POVERTY AND WORLDWIDE ECONOMIC PROGRESS.

YOU CAN HELP WOMEN PUSH THE BOUNDARIES TO BRING ABOUT CHANGE

When you contribute to the Daughter Fund you are taking action to support women long-term, with the tools they need to create a better life.





WHERE IN THE WORLD YOU CAN MAKE AN IMPACT

The Daughter Fund invests in women around the world, but in particular we're committed to women's empowerment in these countries:

NICARAGUA

2020 Human Development Index
Ranked 128 out of 189 countries

Poverty

Second poorest country in Latin America

Child marriage

35% of marriages before age 18

DEMOCRATIC REPUBLIC OF THE CONGO (DRC)

2020 Human Development Index
Ranked 175 out of 189 countries

Poverty

74% live in poverty

Displaced

Over 5 million internally displaced people

Our actions include:

- ✓ Legal aid to women victims of violence.
- ✓ Creating community structure and groups and promoting leadership and participation from women.
- ✓ Educating women on their rights.
- ✓ Bring together key institutions to tackle prevention of gender based violence e.g. schools, church and police.

Our actions include:

- ✓ Provide literacy training for women and girls.
- ✓ Establish women's groups to encourage confidence.
- ✓ Work with men and boys to educate and challenge attitudes to women.
- ✓ Support survivors of abuse, rape and violence with medical, psychological, social, legal and financial support.
- ✓ Provide assistance to develop water resources and subsistence farming methods and increase income.



RWANDA

2020 Human Development Index

Ranked 160 out of 189 countries

2020 Global Hunger Index

Ranked 97 out of 107 countries

Expected years of schooling

11.2

MALAWI

2020 Human Development Index

Ranked 174 out of 189 countries

Poverty

52% live in poverty

Violence

38% of women experience sexual or physical violence

Our actions include:

- ✓ Support income generation through educational skill training and small business development.
- ✓ Increase education around gender based violence (GBV) and women's rights.
- ✓ Advocate for implementation of new laws and policies relating to GBV.
- ✓ Provide assistance to develop water resources and subsistence farming methods and increase income.

Our actions include:

- ✓ Provide assistance to develop water resources and subsistence farming methods and increase income generation.
- ✓ Legal aid to victims of violence.
- ✓ Education on issues of women's empowerment, HIV and GBV including influencing legislation and policies.
- ✓ Supporting local leaders and law enforcers to take action on violence to women.

THE DAUGHTER FUND: ONE WOMAN IS WHERE CHANGE BEGINS

In rural Rwanda, Esperance's life has been transformed by improved access to water and a flourishing kitchen garden.

Rwanda is one of the most densely populated countries in Africa, and access to water is a major obstacle. But in the village of Gikonero, the community has implemented a strikingly effective solution.

With the help of Trócaire partner IPFG, the community has built tanks to harvest rainwater from the roofs of houses. These water tanks make it possible for community members to water the kitchen gardens they have built outside their homes.

“WITH THE WATER TANK AND GARDEN, MY FAMILY’S NUTRITION HAS IMPROVED. I’M GROWING CARROTS, CABBAGES, BEETROOT, GREEN BEANS AND DODO. THEY ARE PART OF MY FAMILY’S DIET NOW.”

Esperance Mukarugabiro, 56, is one of the villagers who has seen a big change since she got her water tank.



| Esperance Mukarugabiro (56), Rwanda.



Pascaline Kabagene (43), Ayesha Machosi (37), and Jose Ngongo (61), members of the protection committee in Butiaba, eastern DR Congo. The committee supports survivors of sexual and gender-based violence, providing psycho-social support as well as assistance seeking medical and legal support. Cases of sexual violence are incredibly common in this region and many perpetrators are never brought to justice.



Vestine Uwizeyinana and Claudine Tuyishimire sort grain at Muhanga Food Processing Industries which started as a co-op of 77 women farmers in 1994, following the genocide in Rwanda. Being a member of the co-op meant farmers could produce in bulk and secure a better price for their produce. Today, 80% of the shareholders of this plant are women.

HOW YOU CAN HELP

WE WANT TO RAISE AN ADDITIONAL €1 MILLION TO SUPPORT OUR VITAL WOMEN-FOCUSED PROGRAMMES OVER THE NEXT 3 YEARS.

Whether it is a **one off donation** or a **pledge over 3 years** which allows us to plan ahead, we thank you for standing with the many brave women we work with across the globe.

Any amount is gratefully appreciated.



STRENGTHENING WOMEN'S LEADERSHIP

You can support women having a voice and making informed decisions that affect their lives through leadership and mentoring programmes. The first step is creating an environment where women can develop and grow in confidence and safety. By coming together in groups, women can share experiences, elect leaders, prioritize needs and make change happen themselves. The initial framework provided around these programmes is essential for their sustainability and success.

€10,000

will provide mentoring, advocacy and leadership courses to be set up within 3 communities, bringing about change in attitudes for both men and women by focusing on women's leadership potential.



PROVIDING LEGAL AID

You can help women challenge their abusers legally and help us advocate for laws that protect women and respect their rights and dignity.

€20,000

will provide legal aid for up to 100 women, so survivors of violence and abuse can seek justice with dignity.



ACCESS TO WATER AND SEEDS

You can provide access to fresh water which is critical for protecting women's health and possible income generation. Access to clean water in a community leads to better hygiene, opportunity to grow crops and earn income, improved nutrition and safety for women and girls when collecting water.

€50,000

will provide 120 water storage tanks or rainwater harvesting units, allowing women to farm more productively, improve family nutrition and earn an income.



SUPPORTING SMALL BUSINESS EDUCATION

You can provide life changing education to women and girls so they can learn new income generation skills, business education, help with setting up small business, microfinancing and support with access to markets.

€100,000

will provide training for 100 girls and young women in technical vocational schools, to learn new skills and receive support to set up their own small businesses and earn their own income.





**THANK YOU FOR BELIEVING
IN THE POWER OF A GIRL**

**NEXT
STEPS**

For more information about how you can support the Daughter Fund please contact:

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