



## DEAR TEACHER,

**Go The Distance** is back, and this year we have teamed it with **The Big Blue Trócaire Bake Sale!** We are inviting all post primary schools across Ireland, north and south, to take part!

Around the world, women are on the frontline of protecting their families from grave threats. Whether it is conflict, hunger or a lack of rights, these women are holding their families together and battling enormous odds to provide for their children.

You have met two remarkable children with equally remarkable families on the Trócaire Box this year, Joy-Faith and Jocsan.

Joy-Faith's mother, Madris, is trying to protect her children from the devastating impact of climate change in Kenya and Jocsan's mother, Angela, is standing up to corrupt corporations in Honduras.

Today, I am asking you to help these mothers protect their families through fundraising in your school.

Last year, the fantastic students of St Mary's CBS, collectively walked over 5000km – the distance from their school in Carlow to a refugee camp in Lebanon. Each student took part, using different classes to get out and about, walking various sections of the journey! Tracked by the teacher, each week there was an update on how far they had 'virtually' come and how far they still had to travel. Taking inspiration from St. Mary's CBS, we have decided to run this as an event though Lent, asking schools to choose Kenya or Honduras and collectively walk over the 7000km to their chosen country. And to add a little incentive, when you have reached your destination why not celebrate with the **Big Blue Trócaire Bake Sale!**

Our fundraising activities can be incorporated into the **CSPE, PE, Home Economics, Religion, and SPHE curriculum**, not to mention **Young Social Innovators, Personal Development, and Enterprise** for Transition Year students.. Or why not let your students come up with their own fundraising ideas – the wackier the better!



Through **Go The Distance** or the **Big Blue Trócaire Bake Sale**, you will be able to build on the substantial work already taking place in schools in support of student's wellbeing, including learning opportunities to **enhance the physical, mental, emotional and social wellbeing of your students**.

We would love to hear how you get on! Let us know by emailing [schools@trocaire.org](mailto:schools@trocaire.org), and don't forget to book your **free school visit this Lent!**

Thank you for your ongoing support, it really means so much to us.

## Sophie Deegan

Sophie Deegan  
**Schools Fundraising Officer**

If you would like to learn more please download our classroom activities from [www.trocaire.org/education/motherearth](http://www.trocaire.org/education/motherearth). Here you will find several resources including a Teacher's Booklet, Teacher Information Powerpoint and a Board Game, which will further engage your pupils about the families featured on this year's Trócaire Box.

We are here to help! Contact [schools@trocaire.org](mailto:schools@trocaire.org) with any queries you may have, or to **book your free school visit this Lent.**



## HOW TO DONATE:



### BY POST:

Trócaire, Maynooth, Co. Kildare



### VIA BANK:

Please lodge monies raised at your local AIB to bank account

**Bank:** AIB

**Branch:** 7-12 Dame St, Dublin 2

**Account Name:** Trócaire

**Sort Code:** 93-20-86

**A/C No.:** 9886116



### ONLINE:

Visit [trocaire.org/donate](http://trocaire.org/donate)

If donating online or via bank please reference your school name!

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DO WHAT'S RIGHT  
**92C OF EVERY €1**  
YOU GIVE TO TRÓCAIRE  
DIRECTLY HELPS  
CHILDREN AND FAMILIES  
IN NEED.

# Trócaire